

Another nice day full with healing sessions. Two of my clients were friends and while they were waiting for their turn they were talking. And talking much. I know when two people meet here they have to talk. It often does not seem to stop. Otherwise it would be impolite or could create an 'awkward silence'. I have a different concept of silence. I love silence! Around people I am as silent as possible. Talking always makes me tired. Giving healings does not. It would be good for the people who grew up in this culture to learn to be together in silence. Words sometimes do not really express who we are. Express yourself in silence and you will see how much more you can express!

A handwritten signature in green ink, appearing to be 'L. M. Z. H.' or similar, enclosed within a green oval shape.