

Many people have ego because they read many books and learned many things from these books. But people who have ego of bookish knowledge do not have wisdom. They often think they know so much but it doesn't benefit them or others if they are inside empty. Bookish knowledge creates more and more confusion.

Often people try to make others smaller by showing off their knowledge from books. They want to feel great and show their ego. And ego creates more and more bondage to material. But that is not really vidya (wisdom). There is another Sutra: 'Sa Vidya Ya Vimuktye'. This means 'true knowledge or wisdom is what liberates.' You have to watch your knowledge and see if it is binding you or liberating you.

We had a nice dinner with some friends and afterwards went to have ice-cream with them. And while eating we thought of the children in India whose food today was sponsored by 'food for food'.

