Ageing Effect instead of Anti-Ageing! - 27 Nov 09

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In the article that I was talking about yesterday it was also mentioned that the products' chemicals make you age faster instead of having the promised anti-ageing effect. And of course this will happen, your skin is not made for putting all kinds of things on it and it will age naturally.

Why do people get attracted by this promise? They think with this they will be more beautiful. Especially woman have this wish to be young, to look beautiful and appreciate the help of cosmetics. But think about it. Should you not rather believe in your own inner beauty? Should you not see that the cosmetics that you are using harm you instead of making you beautiful?

Personally I always find natural beauty much more beautiful than any kind of make-up. And another point is that you don't need to pretend to be younger than you are. Don't you see the beauty in so many old people? Your beauty doesn't come from the outside and doesn't depend on it if you have a few wrinkles. Be who you are, you are beautiful!

Body